INDEPENDENT community pharmacist

2008 Health Focus Calendar

In partnership with the ipf — your voice your future

	January	February	March	April	May	June	July	August	September	October	November	December	
M									1			1 Winter Skincare Seasonal Focus	M
T	1 Over indulgence Seasonal Focus January			1			1 Travel Health Seasonal Focus July		2			2	T
W	2			2			2		3	1		3	W
T	3			3	1		3		4	2		4	T
F	4	1		4	2		4	1	5	3		5	F
S	5	2	1	5 Pet Month April 5 - May 5	3		5	2	6	4 Back Care Awareness Week October 4 - 10	1	6	S
S	6	3	2	6	4	1 Help a Heart Campaign June	6	3	7 Migraine Awareness Week September 7 - 13	5	2	7	S
M	7	4	3	7	5	2	7	4 Sexual Health Week August 4 -10	8	6	3 Ask about Medicines Week November 3 -7	8	M
T	8	5	4	8	6 World Asthma Day May 6	3	8	5	9	7	4	9	T
W	9	6	5	9	7	4	9	6	10	8	5	10	W
T	10	7	6	10	8	5	10	7	11	9	6	11	T
F	11	8	7	11	9	6	11	8	12	10	7	12	F
S	12	9	8	12	10	7	12	9	13	11	8	13	S
S	13	10	9	13	11	8 National Diabetes Week June 8-14	13	10	14	12	9	14	S
M	14	Contraceptive Awareness Week Feb 11-17	10	14	12	9	14	11	15 National Eczema Week September 15 - 21	13	10	15	M
T	15	12	11	15	13	10	15	12	16	14	11	16	T
W	16	13	12 No Smoking day March 12	16	14	11	16	13	17	15	12	17	W
T	17	14	13	17	15	12	17	14	18	16	13	18	T
F	18	15	14	18	16	13	18	15	19	17	14	19	F
S	19	16	15	19	17	14 Melanoma Awareness Week June 14 -21	19	16	20	18	15	20	S
S	20	17	16	20	18 National Smile Month May 18 - June 17	15 Bug Busting Day June 15	20	17	21	19	16	21	S
M	21	18	17	21	19 National Allergy Week May 19 - 23	16	21	18	22	20	17 Indoor Allergy Week November 17 - 21	22	M
T	22	19	18	22	20	17	22	19	23	21	18	23	T
W	23	20	19	23	21	18	23	20	24	22	19	24	W
T	24	21	20	24	22	19	24	21	25	23	20	25	T
F	25	22	21	25	23	20	25	22	26	24	21	26	F
S	26	23	22	26	24	21	26	23	27	25	22	27	S
S	27	24	23	27	25	22	27	24	28	26	23	28	S
M	28	25	24	28	26	23	28	25	29	27	24 Cold & Flu Seasonal Focus	29	M
T	29	26	25	29	27	24	29	26	30	28	25	30	T
W	30	27	26	30	28	25	30	27		29	26	31	W
T	31 Bug Busting Day Jan 31	28	27		29	26	31	28		30	27		T
F		29	28		30	27		29		31 Bug Busting Day October 31	28		F
S			29		31	28		30			29		S
S			30			29		31			30		S
M			31			30							M